



Year 10 Health & Social Care.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topics	RO22 Key practitioners and settings. Communication types and forms. Factors that influence communication.	RO22 The communication cycle Barriers to communication Overcoming barriers. Personal qualities of practitioners that. What is effective care.	RO22 Interacting in group and 1:1 situations. RO21 Individual rights. The importance of meeting rights	RO21 Supporting individuals to maintain rights. Values of care. Early years values of care. Legislation relating to Health and Social Care.	RO21 Personal hygiene Safety measures Security measures	RO29. Function & sources of macro and micro nutrients. Effect of deficiency and excess intake of nutrients. Nutritional requirements at different life stages.
Assessment	Written assessment on verbal, non-verbal and specialist communication use. Written assessment on environmental and interpersonal factors.	Written assessment on barriers to communication and ways to overcome them - applied to health and social care. Written assessment on personal qualities and how they lead to effective care.	Planning and undertaking a 1:1 and group interaction.	RO21 LO1 practice exam questions. LO2 practice exam questions. LO3 practice exam questions	LO4 practice exam questions	FINAL EXTERNAL exam for RO21. RO29 Written assessment on the nutritional requirements of children, adults and older adults.

Building on Prior Learning	They will have a general awareness of effective communication and interpersonal skills. Most will be familiar with and have ideas around health and social care settings such as nurseries, primary school, hospitals and GPs.
Links with other subjects	Science and Food Technology will have introduced to them the value nutrition, physical activity and exercise and how to maintain healthy lifestyles.
Extracurricular opportunities	Visits to health and social care contexts will be sought, when possible and if appropriate.
A successful learner in this	Critical thinking skills, social and emotional intelligence, empathy and understanding. They will also develop and demonstrate their ability to apply their



subject will demonstrate	gained knowledge to a variety of health and Social Care situations linking theory to practice.
Impact on personal development	Communication skills will be developed as will confidence in speaking to others in a professional context. Appreciation of consequence of poor health choices in relation to an individual's health and life style choices. Gain a clear perspective on life and their interest in and respect for different people's feelings and values; have opportunity to reflect on the impact barriers to communication have on individuals within our society.

Ways to support student learning in this subject
<ul style="list-style-type: none">• Watch documentaries about health and social care settings.• Encourage your child to pay attention to local and national news - relating to welfare and social services.• Encourage them to discuss the importance of physical activity, emotional well-being and positive relationships on an individual's health.• Ask them about their learning and for them to explain concepts they are learning about.• Discuss with them the barriers and challenges that can happen across life stages (Childhood, Adolescence, Adulthood and Later Adulthood).• If medical appointments are attended discuss the role of the care workers involved and how they conducted themselves.• Discuss with them career opportunities in health and social care.