



Year 11 GCSE PE

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topics	Sport Psychology. Participation of different social groups PPE	Commercialisation. Technology in sport. Conduct of performers. Prohibited substances. Spectator behaviour. Handball / Football	Health, fitness & well-being. Sedentary lifestyle. Obesity. Somatotypes. Nutrition. Badminton / Netball	Revision. Moderation preparation	Revision. External Exam.	
Assessment	Written end of topic test Personal Performance Evaluation written assessment	Written end of topic test Practical assessment	PPE Practical assessment	Past papers & extended question practice. Moderation.	Past papers & extended question practice.	

Building on Prior Learning	Practical activities revisited to consolidate and improve ability. End of topic tests to spiral and include content from previous topics. Prior learning from units are applied to new topic areas throughout the year.
Links with other subjects	Science, specifically related to the content on body systems. Mathematics, specifically related to interpreting data, the calculation of training intensities and the measurement / timing in athletics. English, specifically related to key words and terminology and structuring longer answer exam style questions.
Extracurricular opportunities	Numerous after school extra-curricular clubs run in the PE department throughout the year. In addition, lunch clubs run, with some targeting GCSE students. House competitions also give opportunity to compete in full recognised competitive games / events. The school takes part in external fixtures, galas and meets against other local schools. The ski trip runs biannually. Revision sessions to supplement knowledge and understanding of theory content. Written coursework catch up sessions.
A successful learner in this subject will demonstrate	Successful PE students will be well motivated to take up all available extra-curricular opportunities to enhance their practical grades. They will be well organised and show resilience to learn work on a weekly basis, reviewing and improving their knowledge and understanding. They will demonstrate a strong general knowledge and genuine interest in all sports to enable them to apply theoretical content to practical situations. Successful students will look into continuing their PE studies at KS5.



Impact on personal development	The practical aspects of the GCSE course will help students develop good social skills such as; teamwork, leadership, communication and observational and analysis skills. The theory elements will develop organisational skills and resilience.
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Ways to support student learning in this subject
<ul style="list-style-type: none">• Encourage students to master skills in three practical sports / activities, which must include at least one team and one individual sport / activity.• To gain video evidence of sports / activities where necessary.• Encourage students to watch and read about a wide range of sports / activities, which will enhance their ability to apply theory content to practical situations.• To encourage students to learn work on a weekly basis; to complete homework to the best of their ability and submit it on time, asking their member of staff for support if unsure.