

Year 11 Sports Science

	Autumn 1	Autumn 2	Spring 1	Spring 2
Topics	RO44 Sports Psychology	RO44 Sports Psychology	RO46 Technology in Sport	RO46 Technology in Sport
Assessment	Controlled internal assessment	Controlled internal assessment	Controlled internal assessment. Optional RO41 re-sit (external exam)	Controlled internal assessment

Building on Prior Learning	Learners in Year 11 will be aware of assessment practices and therefore find the transition towards more independent working straightforward. Knowledge from units previously studied can be used in new units to achieve the synoptic assessment element.
Links with other subjects	This subject links to PSHE, Health, Science, Psychology and Technology.
Extracurricular opportunities	Those in need of additional support can access this outside of curricular time (revision sessions, catch-up workshops). Students are encouraged to take part in Extra Curricular clubs and we offer a wide range of sports every term during lunchtime and after school. Students can represent the School competitively in a number of sports including Netball, Football, Cross Country, Athletics, Swimming, Orienteering as well as a variety of others through the School Games competitions. Other recreational activities include Badminton, Girls active, Dodgeball as well as House competitions.
A successful learner in this subject will demonstrate	The final units in this course provide learners with the opportunity to study two very different fields; Sports Psychology and Technology in Sport. They will understand how a range of psychological traits and technological advancements can impact their performance. Learners will develop and apply this knowledge in a variety of assessment format, using detailed relevant examples to access Merit, Distinction and Distinction* marks for their work.
Impact on personal development	Learners will gain knowledge that prepares them to improve their performance through use of psychological strategies. They will be aware of how technology is both improving sport as well and posing many challenges and opportunities to those involved as performances, coaches, officials, kit manufacturers, governing bodies and spectators.



Ways to support student learning in this subject

- Encourage your child to complete homework.
- Engage them in conversations about their lessons.
- Assist them when they are researching (this is especially important in Year 11)
- Continue to make use of the course textbook.
- Encourage attendance at extra sessions (catch-up sessions)
- Encourage your child to re-sit the RO41 exam in the January if Year 11