

Year 9 Health & Social Care.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Topics	Health and Social Care settings and practitioners.	Communication in health and social care.	Physical, intellectual, emotional and social development across life stages.	The effect of lifestyle factors on health and wellbeing.	Assessing an individual's wellbeing.	Action planning to improve health and wellbeing.
Assessment	Written assessment.	Practical assessment of communication skills.	End of topic exam.	Written assessment.		Action plan assessment and final topic written exam.

Building on Prior Learning	They will have a general awareness of healthy life styles from previous learning within school. Most will be familiar with and have ideas around health and social care settings such as nurseries, primary school, hospitals and GPs.
Links with other subjects	Science and Food Technology and PSHE will have introduced to them the fundamentals of how to maintain healthy lifestyles.
Extracurricular opportunities	Visits to health and social care contexts will be sought, when possible and if appropriate.
A successful learner in this subject will demonstrate	Critical thinking skills, social and emotional intelligence, empathy and understanding. They will also develop and demonstrate their ability to apply their gained knowledge to a variety of health and Social Care situations linking theory to practice.
Impact on personal development	Communication skills will be developed as will confidence in speaking to others in a professional context. Appreciation of consequence to people who do not follow a healthy lifestyle. Gain a clear perspective on life and their interest in and respect for different people's feelings.

Ways to support student learning in this subject
<ul style="list-style-type: none"> • Watch documentaries about health and social care settings. • Encourage your child to pay attention to local and national news - relating to welfare and social services. • Encourage them to discuss the importance of physical activity, emotional well-being and positive relationships on an individual's health. • Ask them about their learning and for them to explain concepts they are learning about. • If medical appointments are attended discuss the role of the care workers involved and how they conducted themselves. • Discuss with them career opportunities in health and social care.



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