



DSHS – Guidance for parents supporting their child during remote Learning

It is important that you understand that there is no expectation for you to act as a teacher and get directly involved in the work set. We appreciate that you may be busy working or looking after other family members who may be dependent on you.

If as parents, you can support your child to engage with remote learning and provide your child a space to work with minimal distractions then you are doing a great job. Here are some things that you can do to support your child.

1. Check that they have the passwords that they need for the school's platforms and subject software logins. If these have been forgotten or lost, please contact your child's tutor for general logins or their subject teacher for subject software logins.
2. Encourage them to get into the habit of checking their school email and MS Teams daily for messages from their teachers.
3. Try where possible, to create a space for them to attend live lessons and work with minimal distraction.
4. When working outside of live lessons e.g. on homework or coursework encourage them to work in short but frequent spells. Frequent spells of 15-30 minutes with equivalent breaks make completing work much more manageable than 2-3 hours in one sitting.
5. Encourage your child to develop a consistent working routine and a consistent sleeping routine.
6. Encourage your child to check the deadlines set for their assignments daily and have a plan in place to meet these on time.
7. Try to avoid your child prioritizing a small number of subjects at the exclusion of others. It is important that your child's curriculum is as broad and varied as possible, restricting this will cause difficulties once they return to school fully.
8. Encourage your child to be proactive about contacting their teachers or tutor if they are having difficulties with their work rather than avoiding the issue. We would much rather know about an issue at an early stage so that we can put support in place for them quickly.